MASTERY OF THE FIVE ELEMENTS CORE ESSENCE & CHARACTER

SHORT ANSWER ASSESSMENT

The Short Answer Take Home Assessment consists of 20 short answer questions. 2 marks per questions. Total of 40 marks. Pass mark required 75%. (30 points)

Short Answer Assessment Questions

Please write a short answer/paragraph on each of the following questions:

1. In the Five Elements, explain the Generating Cycle.

2. In the Five Elements, explain the Controlling Cycle.

3. List the five different 'Essences' and the element they relate to.

4. List the five different 'Senses' and the element they relate to.

- 5. List the five different 'Tissues' and the element they relate to.
- 6. How does imbalance in an element show or appear in each Element, list all Elements.

7. List the five different 'expressions' and the element they relate to.

- 8. List the five different 'Feelings' and the element they relate to.
- 9. What is a Metal Elements Virtue and way to correct imbalance?
- 10. What is the basic need and spiritual issue of the Earth Element?
- 11. What is the emotions of the Water Element?
- 12. What is the Spirit/Psyches of the Metal Element?
- 13. In what way does a Wood Element react?
- 14. The Spiritual Issue for the Water Element is?

15. Describe the body type of an Earth Element Constitution.

16. Describe the hair of a Water Element Constitution.

17. Describe the eyes of a Metal Element Constitution.

18. Describe the facial hue/complexion of a Wood Element Constitution.

19. Describe antics of an Earth Element Constitution.

20. Describe the chair of a Fire Element Constitution and why.

(2 marks each question)

Total correct out of 40 Pass required 75% (30 correct)